



2.1 God's Presence Worksheet

1. Do you believe in God? If not, why not?
2. What do you believe about who God is?
3. Do you love yourself? If not, why not?
4. Is there a time when the Joy of the Lord was your strength? If yes, write it down.
5. Who do you need to forgive? (Pause and really think about who hurt you in your past, even if unintentional).
6. I am statements. Write the truth about who you are.

I am...

I am...

I am...

I am...

I am...

I am...

I am...

I am...

I am...

I am...

I am...

I am...

7. How do you experience God's presence?

8. Have you surrendered to Jesus and accepted His divine plan for your life?

9. Are there any sins you need to repent to God? Remember He is a God of grace, mercy and cleansing of your Spirit, if you confess them to Him.

10. In a group of people, I encourage you to pray for times of refreshing for the rest of this program and an endorphin boost every step of the way!

Remember: "The joy of the Lord is your strength." -Nehemiah 8:10
"He heals All Diseases!"-Psalm 103:3