

Test Details



Sample Type: Blood Draw – Serum

The IgG Food MAP with Candida and Yeast analyzes a wide variety of foods, herbs, and spices common in Western, Asian, and Mediterranean diets, as well as Candida and yeast. It assists in the diagnosis of food sensitivities.

Key Details

- Sample collection must be performed by a phlebotomist.
- Talk to your healthcare provider if you are taking blood-thinning medications or have a blood clotting disorder.
- **Hydrate for 24-48 hours** prior to your blood draw.
- The phlebotomist will collect, prepare, and ship your sample for you.

Before you Start

Scan QR code located inside your test kit or visit MosaicDX.com/register to register your test, so we know it belongs to you.

Scan QR code for
step-by-step instructions



Collection Preparation

- Check expiration dates on your vials and notify your practitioner if any have expired.
- **Find and fill out the barcode sheet** from your test kit. Attach a barcode sticker to each collection sample.
 - Ensure clear and legible information, including the scheduled phlebotomy collection date and matching name to the test order.
- Have your complete kit, including the full instruction book, ready for your phlebotomist appointment.
 - **Ensure all samples are labeled. Unlabeled samples will be rejected.**

Any Questions?

If you have questions about any aspect of the specimen collection or shipping process, please feel free to contact us:



Phone | our friendly customer service team is available Monday through Friday 8am-5pm CST at 800-288-0383



Email | CustomerService@MosaicDX.com



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Visit [MosaicDX.com](https://www.mosaicdx.com) for more resources

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