



**MOSAIC™**  
DIAGNOSTICS  
*Formerly Great Plains Laboratory*

# Gathering Clues and Uncovering Insights

Companion to the  
Urine Collection Kit

## Amino Acids Test



# Additional Test Kit Component

Your practitioner has ordered a test that requires an additional vial. Refer to the Urine Collection Kit for instructions which complement the vial in this kit.



*White-Topped Vial*

## **Keep All Components of This Test Out of Reach of Children and Pets**

The specimen vial contains approximately 60mg of oxalic acid. Do not ingest or inhale. Wipe spills with a wet towel. In case of contact with skin, wash with soap and plenty of water. In case of accidental contact to eye or ingestion, rinse with plenty of water. Seek medical attention if warranted.

# Before Taking the Amino Acids Test

**Important:** Do not discontinue any medications or supplements without first consulting your healthcare practitioner.

- **Do not complete this test if you are taking an antibiotic.** If you are currently on an antibiotic, be sure to complete the prescribed course of treatment and then wait 48 hours before starting your collection.
- **Eat a regular diet that contains protein** the day before and during collection. If possible, discontinue non-essential medication and supplements 48 hours prior to collection.
- **Discontinue Amino Acid Supplements** 48 hours prior to collection so they don't bias the outcome.

# Let's Get Started

1. **Collect urine sample** as indicated in the Urine Collection Kit instructions.
2. **Locate the White-Topped Vial** and fill vial by pouring urine from the collection cup to the fill line – do not underfill. Make sure to retain at least 5 mL urine in collection cup.
3. **Put cap snugly on Vial** to ensure a good seal. Gently rock the tube back and forth to mix urine with the preservative.
4. **Tighten lid on Collection Cup** which should contain at least 5 mL of the remaining urine.
5. **Ensure each sample has the completed barcode sticker.**
6. **Place the Collection Cup and Vial in your freezer** for at least four hours or until frozen (30 days maximum). Check the box on the barcode label to indicate that sample has been frozen.
7. **See the main Urine Collection Instructions** for how to package all urine samples (page 11).



**Ensure all samples are labeled.** Unlabeled samples will be rejected.